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11th November 2026

Dear Parents/Carers,

Anti-Bullying Week 2026 Monday 16th - Friday 20th November

This year the theme for Anti Bullying week is **'Break the Silence'**.

Every year, bullying impacts the lives of countless young people and silence helps it grow. We will be focusing on encouraging conversations about bullying, supporting those affected, and reducing the silence that often surrounds bullying.

We will also be participating in **Odd Socks Day** on **Wednesday 18th November** to help raise awareness around anti-bullying. It's an opportunity for children to express themselves and celebrate their individuality and what makes us all unique. There is no pressure on the children to wear the latest fashion or for parents to buy expensive costumes. All children have to do to take part is **wear odd socks to school** and their school uniform, it couldn't be simpler.

Odd Socks Day is designed to be fun!

Yours sincerely

Emma McGahey
Deputy Headteacher
PSHE Lead